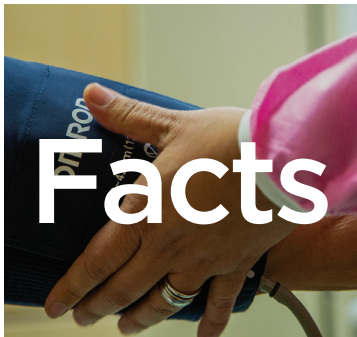


# CERTIFIED NURSING ASSISTANT (CNA)

Certified Nursing Assistants (CNAs) play a critical role in direct patient care, working in both hospital systems and clinical settings. CNAs typically undergo 4-12 weeks of training, plus a certification exam and on-the-job training. A rewarding career that has a direct impact on the health and wellbeing of people and the efficient operations of a healthcare system, CNAs often decide to further their careers by pursuing licensure as a vocational nurse (LVN) or registered nurse (RN).



Demand for CNAs will increase by 7% through 2025.



There is a strong demand for CNAs with 172 unique job postings per month.



Typical education required: high school diploma or equivalent and additional training and certification.



CNA jobs within the San Antonio region have a median annual salary of \$30,270.

## Consider this role if...

You enjoy helping others at a personal level, even strangers.

You enjoy working in a strong team environment.

You enjoy communicating and sharing information.

Your friends and colleagues would describe you as flexible, patient, and empathetic.

You are interested in anatomy and other sciences.

You are comfortable handling blood, and other bodily fluids.

You have flexibility to work varied shifts that may include nights, weekends, and holidays.

**Is this role  
a match  
for your  
personality?**

**Is this role  
a match for  
your career  
goals?**

### In-Demand Knowledge and Skills

- Basic awareness of anatomy, physiology, and medical terms
- Customer service orientation and skills
- Ability to handle high stress situations
- A focus on safety and sanitation
- Active listening, teamwork, and communication skills
- Basic computer and technology skills

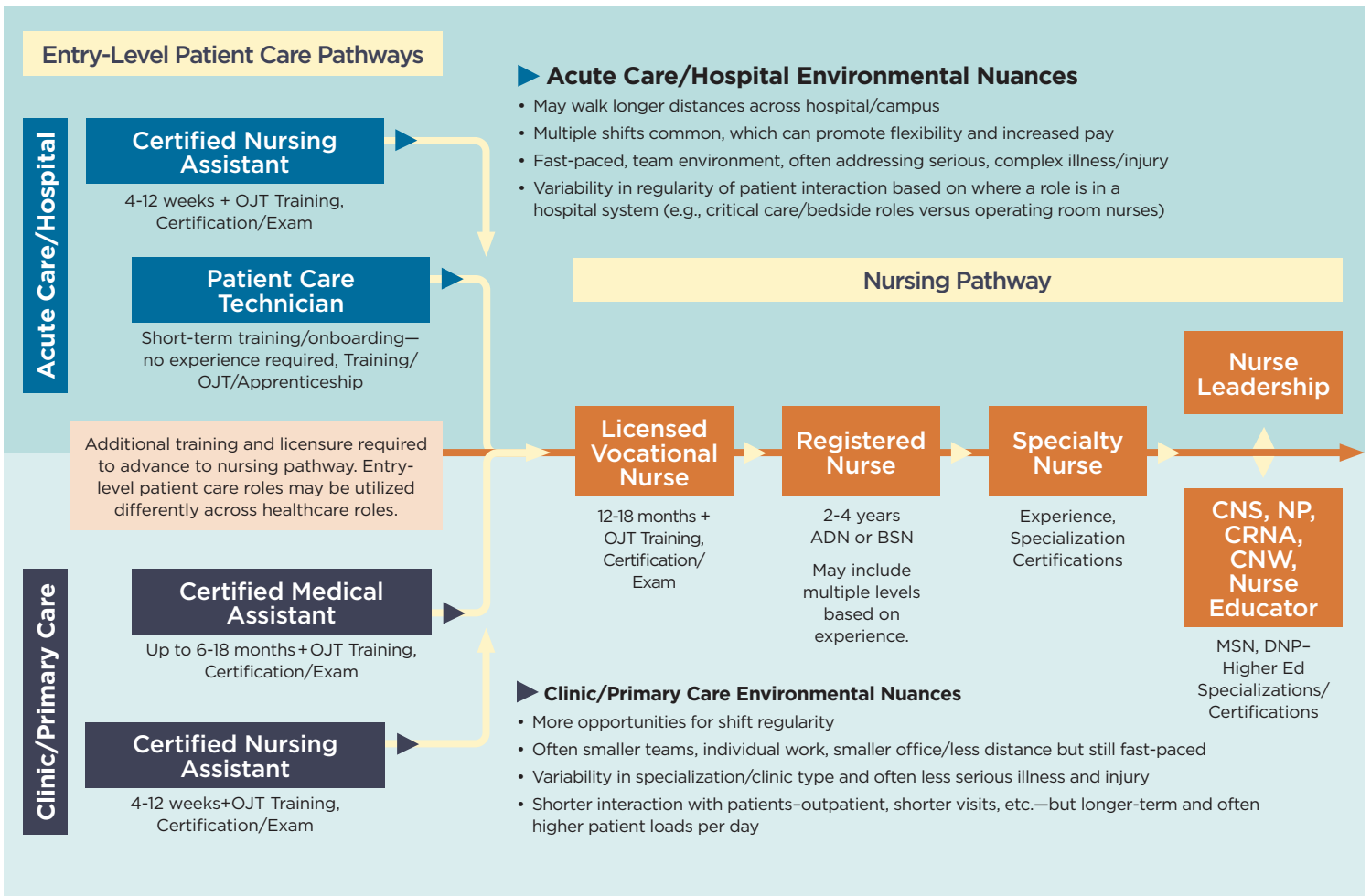
### Typical On-the-Job Duties

- Turning or moving patients
- Gathering medical supplies
- Maintaining patient hygiene
- Feeding patients and documenting their food and liquid intake
- Checking patient vital signs (i.e., blood pressure, heart rate)
- Answering patient calls
- Reporting updates to nurses and doctors

# What career options do I have?

Entry level patient care roles, like CNAs, require some education, training, and certification, as described below, but are a great entry point to patient facing healthcare careers. While not a direct pathway, many people in entry level patient care roles decide to obtain additional schooling and certifications to become a nurse (LVN, RN) in an acute care or clinical care setting.

## Certified Nursing Assistant Pathway



### SUCCESS STORY

Working in a senior living community, Janet provides focused, quality care to each resident by treating them like her own family. Janet's dedication to the mission of the work provides opportunities for growth and leadership. Currently serving as a PRN with Morningside Ministries, Janet has been in the field for over 20 years serving in roles as a 1-on-1 provider. Janet's passion for her work allowed her the opportunity to return to school to complete a Certified Nursing Assistant (CNA) program. Through additional internal upskilling and training programs, Janet's commitment to quality patient care led to her promotion as PRN Trainer for all new hires. Janet takes pride in her new role and enjoys showing new hires the Morningside Ministries way!



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